

**Lecture on Creating Awareness about Millets (Types, Importance, Climate Resilient, and Economic Security) was Organised on 12<sup>th</sup> August 2022 from 11:30 AM to 1:00 PM Through Online Mode**

The programme started by the introduction of the Celebration of International Year of Millets-2023 and about importance of millets by Dr.Poonam Syal, Professor and Head, Rural Development Department. She detailed about the various activities that would be carried out in the next one and a half year related to the Celebration of International Year of Millets-2023. Professor B.S.Pabla, welcomed all the participants in this programme. Dr. Hemant Kumar Vinayak introduced expert, Sh. Umendra Dutt, Founder and Executive Director, Kheti Virasat Mission, Faridkot, Punjab.



About International Year of Millets 2023 by Prof. Poonam Syal



Welcome Address by Prof.B.S.Pabla

A promotional banner for the International Year of Millets 2023. The banner features the text "Bringing back MILLETS - the Super Food of our ancestors" and "AAHAAR SE AROGYA" starting on 19 June 2022. It lists speakers Dr. Khadar Valli and Dr. Amar Singh Azad, and provides contact information for Kheti Virasat Mission. The banner also includes a "KNOW MORE" button and four action items: "SAVE THE PLANET", "BECOME A VOLUNTEER", "GET INVOLVED", and "DONATE NOW".



Dr.Hemant Kumar Vinayak introducing the Expert

Sh. Umendra Dutt, initiated his talk by describing about the 9 types of millets that are available for consumption, out of which 5 types of millets are being promoted in context of consumption for better health. With respect to the climate change, which effects the production of widely produced rice and wheat, the millets are more climate resilient. Sh. Umendra Dutt, emphasised on this aspect

that since millets are good for soil, requires less water, less fertilizer etc., hence it proves to be highly sustainable source of income for the farmers. The only issue is that the system needs to be generated for the processing of these millets.



Awareness about Millets by Sh. Umendra Dutt

Almost 35 participants attended this lecture. The participants were faculty and staff members from NITTTR Chandigarh and faculty from PIs of Punjab under UBA. The programme concluded by question answer session. Thereafter, vote of thanks was proposed by Dr Amit Goyal.



Dr. Amit Goyal proposing Vote of Thanks